Dear Families,

San Remo Primary School, as part of the South Gippsland Principal Network Group was successful in submitting an application to be a part of a project called “Building Resilience in School Communities Grants Program” and aims to build school student and teacher capacity to undertake whole school approaches to enhance students’ resilience, optimism, confidence, and social and emotional skills. We were the only successful Network in the State! I have included a much more detailed outline of the project in the newsletter for all parents to read. We are only surveying students from grades 3-6 with written parent consent. The consent forms were sent home last Friday and need to be returned ASAP so that we can commence the project.

There are only 13 days to go until the production starts. I hope everyone has bought their tickets. The staff and students are working extremely hard on learning their lines, songs and dances. I have had a sneak peek at the costumes and back drop and it is going to be a sensational 3 days. The OSHC room has been turned into a costume sewing circle. We have had many parents in helping in many capacities. I can't wait to see the students under the spot light on stage performing. ALL costumes are due in ALL classes by tomorrow so we can tick them off the list.

**PRODUCTION HELPERS NEEDED:**

We need helpers to set up the sails, carpet and stage.

WHEN: Monday 31st August 2015
TIME: 2-pm onwards
WHERE: Rec Centre
NEED TO BRING: drill, sense of humour

*There will be no assembly on the 31st August 2015*

**WHEELS DAY:** Today our School Captains Finn and Jake with some help from Zach C ran a whole school Wheels Day just for fun. The boys sent the notices out on Friday and we had a great response. Well done boys!!

**HEADLICE:** We have had another outbreak of headlice. If we see live headlice in your child's hair we will contact you to pick up and treat your child/children ASAP. A form will be sent home with your child that needs to be filled in as part of the School Council’s Head lice policy. This can be read on the schools web page along with other School Council policies. Don't forget we have Licener -head lice treatment and a daily spray for sale in the office.

Last week I received an email from one of my teachers at Tarwin Lower PS. She is currently on leave volunteering in Africa. There will be no “Thought of the Week” in this issue of the newsletter. Instead I have
For four weeks now, I’ve been working, talking, and living with Zambian people and I’ve noticed an important thing. One thing that we, occidental people, seem to have forgotten - living life! We’re so focused on having a lot of possessions, being more powerful than someone else that we end up forgetting others. We believe that we are happier because we have more, but we forget the real value of things and what true riches are.

Here, people live in mud houses and wear worn clothes, but they are still happier than you and I will ever be. By caring about each other, being interested in people, and giving the best of themselves to help each other, they appreciate the small things of life: a handshake, a word, a smile, even a wink.

When you’re meeting someone here it’s not because you need something from them. No, they’re just happy to meet you. Happy to share 2 minutes of their life with you. This is a way of life. A way that we should learn from. You’ll never know what the power of a true smile is until you come and experience it for yourself.

Thanks Zambia for opening my eyes!

Warmest Regards
Sharyne

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**WORKERS OF THE WEEK  Week Ending 21st August**

P/1 W Layla for working so hard to learn her orange words.

1/2 S Ruby for working tremendously hard in Maths and improving her counting!

3/4 H Lilly-Jayde for an excellent attitude towards learning and doing her best.

3/4 M Lily for her enthusiasm toward her procedural writing.

5/6 G Bailee for fabulous improvement when working with fractions.

5/6 T Jesse for using efficient strategies to solve maths problems.

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**FUNDRAISING**

**MEETING:** There will be fundraising meeting in the staffroom tomorrow, Wednesday 26th August at 2:30pm to discuss the Father’s Day stall.

**FATHER’S DAY STALL:** The father’s day stall will be held on Thursday 3rd September from 11:30am in the Library/OSHC room.

**WEDNESDAY NIGHT:** It is the fourth Wednesday of the month this week, so all families going to the Westernport Hotel and buying kids meals will be supporting our school. There will be a kid’s movie plus free activities. So go and enjoy a family meal together and some fundraising for our great school at the same time.

**PUB RAFFLE:** This Friday night is our scheduled turn for running the Pub Raffle. If you are able to assist please see Lesley Oats ASAP.

**NEWSLETTER**

**IMPORTANT NOTE:** We will not be printing the newsletter for all families from term 4. The newsletter will be available from Tiqbiz and also from the school’s website. If you haven’t already done so, we ask that ALL families download the TIQBIZ app onto your computer and/or other devices such as tablet or phone.
**CURRICULUM DAY**

On Tuesday 15th September there will be student free day. Staff will be attending a Professional Development (PD) to support the development of the student’s writing a focus of the school’s Strategic Plan.

**ART ROOM**

The Art room is looking for donations of as many shoe boxes as possible to transport clay pieces to be fired.

**HELP**  We are looking for a volunteer to deliver the lunch boxes to the Newhaven Store this Friday. Please see Roz if you can help out.

**WHOLE SCHOOL MUSICAL - “SWINGING SUMMERTIME”**

Please keep an eye on your classroom notes for all information about the play.

If you have your own business and would like to sponsor our musical or know some one that would be interested, we are selling business card advertisements in the Production’s Program as well as each newsletter in term 4 for $55 including GST. Please contact Roz in the office or email the school.

**Building Resilience in School Communities Grants Program**

Our school has been invited to participate in an exciting initiative led by the Department of Education and Training.

This initiative is the "Building Resilience in School Communities Grants Program" and aims to build school student and teacher capacity to undertake whole school approaches to enhance students’ resilience, optimism, confidence, and social and emotional skills.

Children and young people with higher resiliency are more likely to thrive in learning and achieve greater educational outcomes.

Students in grade 3-6 at San Remo PS have been invited to complete the online Resilience Survey, conducted by leading Child Psychologist Andrew Fuller and Resilient Youth Australia Limited.

This Resilience Survey collects the self-reported strengths of our students, as well as exploring wellbeing and the levels of hopefulness in our students. This online survey is completely anonymous and no student is identified. The data is collected and analysed by Resilient Youth Australia and reported back to the Principal.

Our school will use this data to help identify the strengths of our students, and enable us to ensure we are supporting our students in an effective and meaningful way.

This online survey will be undertaken in Term 3, 2015, during class time. It is anticipated that this survey will take approximately 40 minutes to complete. If you have any questions then please drop in and see me or call.

**PIRRENS DANCE CLUB:**

This lovely lunch time activity is now going to run on Mondays and Thursday in the undercover bag area of the JLC. I snuck a peak last Thursday and the girls were having a great time. Thanks to Pirren and the other grade 3/4 girls who are enjoying this activity together.

Everyone is welcome to join in. Well done girls.

**Congratulations** to Trinity O’Keefe on her fantastic winning design for our thank you certificate. Trinity won a $20 Smiggle gift card and a chuppa chup!

**FOR SALE - BIG SHED**

We are looking for anyone interested in purchasing our BIG SHED. 9m x 14.4m x 3m high $8500.

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Exploring the New Frontier in Parenting

So what is this new frontier of parenting? Emotions are now recognised as an important part of the parenting landscape. Here are five ideas to help you explore the alien landscape of kids' emotions.

1. Let's talk about feelings. It's easy to forget that our children feel just as strongly about things as we do. When you notice that your child is upset, take a moment to ask what's going on. This will help them feel understood and validated.

2. Use positive reinforcement. When your child displays positive behavior, make sure they know you注意到.

3. Create a safe space. Sometimes, children feel most comfortable expressing their emotions in a safe, private environment. This could be a special spot in the house where they feel safe to express themselves.

4. Encourage empathy. Help your child understand the emotions of others. This can be done through stories, role-playing, or simply by asking them how they think someone else feels in a given situation.

5. Practice mindfulness. Teaching your child mindfulness techniques can help them stay present and manage their emotions more effectively.

Remember, exploring the new frontier of emotions can be challenging, but it's essential for healthy development. By understanding and supporting your child's emotional journey, you can help them grow into strong, resilient adults.