



Kidsmatter at San Remo Primary

Parent Wellbeing Information Sessions

Session 1 (Term 1) -

Prep Transition towards Independence.

Session 2 (Term 2) -

Healthy Relationships

Session 3 (Term 3)

Understanding Learning Styles

Session 4 (Term 4)

Sessions may change taking into consideration circumstances and events that arise throughout the year.

Kidsmatter 4 Year

Initiative

Component 1- 2012

Positive School Community

(Every Face has a Place)

Component 2- 2013

Social and Emotional Learning

Component 3- 2014

Component 4- 2015

Welcome to the School Community

At San Remo Primary School we value our whole school community. This includes, teachers, school support staff, parents, grandparents, children, community members and all those important to a child's life. As a Kidsmatter community we endeavor to make life at school safe, supportive and welcoming.

The school has many different areas where YOU can lend support, whether it be in classrooms, helping organizing fundraising events, gardening or just being there to support your children and working alongside the teachers to support these achievements. Please ask where you can best be of assistance to your school and your child. School is

important in many ways!

The Kidsmatter Newsletter is a way of informing parents and families where they can be assisting their children throughout their Primary Education, socially, emotionally and academically. It is a resource of information sourced from the Kidsmatter initiative and Parenting Ideas developed by Michael Grose, Child Psychologist.

Over the next few weeks there will be information about our Social Emotional Learning that the students will be involved in their classrooms and the school. Let us know if you are talking about BOUNCE BACK at home. We love to hear stories about families use of

the values.

Our School Values are:

RESPECT

RESPONSIBILITY

VALUING RELATIONSHIPS
CONNECTEDNESS

It has been a smooth start to the year and we look forward to getting to know all of our new families to the school.

PARENT WELLBEING INFORMATION SESSIONS

These sessions will be run by Jo Ablett who is the School Counselor and a Psychologist. We will endeavor to source other Community professionals and organisations as we develop the focus of our sessions, if needed.

Social and Emotional Learning

Social and emotional learning for students is the second KidsMatter Primary component area. This component looks at the best ways of teaching social and emotional skills for all students.

KidsMatter provides the opportunity for the whole school staff to have:

- a shared understanding of why this is so important to mental health and wellbeing
- a common language for talking about it
- a shared focus on planning for improvement both within and out of the classroom
- the information they need for selecting the

most appropriate social and emotional learning program for their context.

At San Remo Primary School our Social and Emotional Learning Program is called **BOUNCE BACK**.